平成22年度　柔道夏期講習会第1部要項

2010 KODOKAN SUMMER COURSE Ⅰ

"KATA"

(1) DATES

July 20 (Tue) to July 26 (Mon) for 7 days

(2) SUBJECTS AND INSTRUCTORS

- Ju no kata (3 hours) — Ms. Katsuko UMETSU, Woman 8th dan
- Itsutsu no kata (2 hours) — Mr. Yoshimi OSAWA, 10th dan
- Nage no kata (5 hours) — Mr. Ichiro ABE, 10th dan
- Katame no kata (5 hours) — Mr. Saburo MATSUSHITA, 9th dan
- Kime no kata (5 hours) — Mr. Teruo KAISE, 8th dan
- Kodokan Goshinjutsu (5 hours) — Mr. Tadashi SATO, 8th dan
- Koshiki no kata (5 hours) — Mr. Toshiro DAIGO, 10th dan
- Kata Contest (5 hours 20 min)

(3) ELIGIBILITY

- Men: 4th dan and above
- Women: 2th dan and above
- All participants must be members of the Kodokan

(4) COST

8,000 yen per person

(5) SCHEDULE

9:30			12:30	14:00	16:00
7/20 (Tue)	Opening	Ju no kata	Lunch Break	Itsutsu no kata	
21 (Wed)	Nage no kata			Nage no kata	
22 (Thu)	Katame no kata			Katame no kata	
23 (Fri)	Kime no kata			Kime no kata	
24 (Sat)	Kodokan Goshinjutsu			Kodokan Goshinjutsu	
25 (Sun)	Koshiki no kata			Koshiki no kata	
26 (Mon)	Kata Contest				Closing

(6) OTHERS

A banquet for participants and instructors: Date & Time to be announced.